



EAST BUTLER BULLETIN
"WHERE FUTURES BEGIN"
DECEMBER 5, 2017
www.ebutlertigers.org



TUESDAY, DECEMBER 5, 2017

4:15-5:00-6:15-8:00 P.M. - JV Girls' (2 Qtrs.); JV Boys' (3 Qtrs.);
 Varsity Girls'; Varsity Boys' Basketball - Exeter-Milligan - Away

WEDNESDAY, DECEMBER 6, 2017

NO SPECIAL ACTIVITIES

THURSDAY, DECEMBER 7, 2017

2:00-3:00 P.M. - Jr. Hi. Girls & Boys' Basketball - Osceola/High Plains -
 Here

4:00-5:00-6:15-8:00 P.M. - JV Girls' (2 Qtrs.); JV Boys' (3 Qtrs.);
 Varsity Girls'; Varsity Boys' Basketball - Osceola - Here

Ticket Takers: Mrs. Robinson & Mrs. Topil Concessions: FCCLA

FRIDAY, DECEMBER 8, 2017

College Visits: Seniors to SECC; Juniors to NECC; Sophomores to Doane
 7:00 P.M. - Brainard Elementary Christmas Program - Gym

SATURDAY, DECEMBER 9, 2017

8:30 A.M. - Wrestling - Osceola Invite

MONDAY, DECEMBER 11, 2017

4:00 P.M. - Jr. Hi. Boys' Basketball - Mead - Away

7:00 P.M. - Dwight Elementary Christmas Program - Assumption Parish Hall

TUESDAY, DECEMBER 12, 2017

6:30 P.M. - Jr. Hi. Boys' Basketball - Malcolm - Away



CONGRATULATIONS TO:

*Anna Rigatuso and Jadyne Robley on being named to the Wahoo All Area Honorable
 Mention volleyball team.

*Anna Rigatuso, Jadyne Robley, and Madison Helman on being named to the Journal
 Star All State Honorable Mention volleyball team.

*The following members of the Wahoo All-Area Team:

First Team Defense: Brandon Rezac, Camden Robley

First Team Offense: Dalton Bohac - Honorary Captain, Trevor Havlovic, Jacob Janak

Second Team Defense: Wilson Wright, Carter Stara

Second Team Offense: Nolan Makovicka

**CONGRATULATIONS TO LANAE AERTS FOR WINNING AGRICULTURE
 LITERACY SPEAKING AND QUALIFYING FOR STATE FFA.** Please see the

East Butler FFA Facebook page for complete results.

NOTE TO PARENTS REGARDING LUNCH ACCOUNTS: All lunch accounts must be kept in good standing by having a positive balance at all times. If your child's account has a negative balance they may be served an alternate lunch. **The school can not carry negative balances.** You can register to check the balance in your account by going to the "lunch login" icon on the school website and set up your account. You can also set up your family to put money in your lunch account through the "efunds" icon on the website to save sending cash or a personal check to school. If you have any questions please call the school office in Brainard [402-545-2081](tel:402-545-2081).

CHRISTMAS PROGRAMS:

- Friday, December 8 – Brainard Elementary - 7:00 P.M.
- Brainard Gym
- Monday, December 11 – Dwight Elementary -7:00 P.M.
– Dwight Assumption Parish Hall
- Monday, December 18 – Jr.-Sr. High - 6:30 P.M. - Brainard Gym



7TH & 8TH GRADE STUDENTS WILL BE PERFORMING ON MONDAY, DECEMBER 18TH. The concert begins at 6:30 P.M. in the Brainard Gym. Please “Dress Up”.

EAST BUTLER CHRISTMAS PROGRAMS ON STRIV TV: The Christmas Programs will be shown live on Striv TV. Please use the following link to access the program.<http://striv.tv/channel/east-butler/>

ALUMNI BAND MEMBERS ARE INVITED TO PERFORM AT THE HIGH SCHOOL CHRISTMAS CONCERT ON DECEMBER 18TH. Please contact Mr. Fuehrer if interested - 402-545-2081 or rfuehrer@ebutler.esu7.org
Practice will be Wednesday, December 13 at 8:00 A.M.; Thursday, December 14 at 8:00 A.M.; and Monday, December 18 at 8:00 A.M. Please attend whenever possible. Thank you!

REMINDER TO STUDENTS AND STAFF: All elementary books need to be returned by December 8th. All high school books returned before semester break.

TOPP NOTE: Be Somebody Who Makes Everybody Feel Like Somebody!

COUNSELOR’S NOTES:

PARENTS, TALK TO YOUR CHILDREN ABOUT ONLINE STRANGER DANGER. Some students have reported using unsafe practices. Some good practices are to only communicate with people you actually have met and know well. This includes using phone, apps, text, social media, and online gaming. Ask your kids who they are talking to and how they know them. Ask to meet your children’s friends so you also know who they are talking to. You may contact local authorities if you are unsure about or are suspicious of any activity. Let’s keep our kids safe in our digital world!

THE NATIONAL HONOR SOCIETY, STUDENT COUNCIL AND FBLA WILL BE SPONSORING THE ELEMENTARY CHRISTMAS BAGS THIS YEAR. If there are any organizations/clubs/classes/staff/patrons willing to donate toward the purchase of treats for these packages, please contact Mr. Wood, Ms. Widick, or Mr. Fuehrer.

THE STUDENT COUNCIL IS SPONSORING A CHRISTMAS TREE FUNDRAISER IN THE ACTIVITY ENTRANCE HALLWAY AND NEED YOUR HELP IN DECORATING IT. During the basketball games on Thursday, December 7, the students will be selling ornaments as you come to the games. The cost will be \$1 to purchase a small ornament that you can add your name to before putting it on the tree. If you can't make it to the game but would like to purchase an ornament, contact Ms. Widick at kwidick@ebutler.esu7.org or call the school at [402-545-2081](tel:402-545-2081). Thank you in advance for your support of the East Butler Student Council.

SANTA, MOVIE & TREATS ON MONDAY, DECEMBER 18TH AT 5:00 P.M. IN THE BRAINARD MPR SPONSORED BY THE EAST BUTLER NATIONAL HONOR SOCIETY, STUDENT COUNCIL, FBLA, AND PARENTS PROMOTING TIGERS. This will take the place of Santa visiting each individual elementary classroom during the school day. Please come and join the fun! Don't forget your camera for pictures with Santa.

THE LAST DAY OF THE FIRST SEMESTER FOR PRESCHOOL STUDENTS WILL BE WEDNESDAY, DECEMBER 20. THE LAST DAY FOR K-6TH GRADE STUDENTS WILL BE THURSDAY, DECEMBER 21 – 12:00 P.M. DISMISSAL. THE LAST DAY FOR 7-12 GRADE STUDENTS WILL BE FRIDAY, DECEMBER 22 – 12:00 P.M. DISMISSAL. 7-12 final tests will begin on Thursday, December 21 (periods 1-3-5-7) and Friday, December 22 (periods 2-4-6-8). School for PK-12th students will resume on Monday, January 8, 2018.

SEMESTER TESTS will be given on Thursday, December 21 and Friday, December 22. All students in grades 7-12 will take semester tests in all classes.

SEMESTER TEST SCHEDULE

	<u>Thursday, Dec. 21</u>		<u>Friday, Dec. 22</u>
8:00 - 9:00-----	Period 1-----	-----	Period 2
9:00 -10:00-----	Period 3-----	-----	Period 4
10:00 -11:00-----	Period 5-----	-----	Period 6
11:00 -12:00-----	Period 7-----	-----	Period 8

REMINDER TO THOSE STUDENTS WHO HAVE SPORT LOCKERS: Jr. High students need to have all items taken home for Christmas break by Thursday, December 21 and for High School all items need to be removed by Friday, December 22. All locks need to be removed or will be destroyed if left on lockers.

THE EAST BUTLER MUSIC BOOSTERS ARE ACCEPTING DONATIONS FOR THEIR CHRISTMAS RAFFLE - This year the Music Boosters will once again be having a Christmas Raffle. Raffle items include: \$100 Brainard Meats Gift Card; \$100 Wahoo Locker Gift Card; \$50.00 Walmart Gift Card; Musical Rudolph the Red Nosed Reindeer; Quilted Blanket; Fleece Throw; and Thomas Kinkade Disney Puzzles. We are accepting any raffle items (prizes, cash or gift cards) that you would like to donate. You may bring your raffle item to the school before December 15th. The drawing will be held during the Jr.-Sr. High Christmas Concert on December 18th. **RAFFLE TICKETS ARE ON SALE FROM ANY 7-12 GRADE BAND STUDENT. ONE TICKET FOR \$1.00; SIX TICKETS FOR \$5.00. NEED NOT BE PRESENT TO WIN.** Thank you for supporting our music program....Music Booster Officers

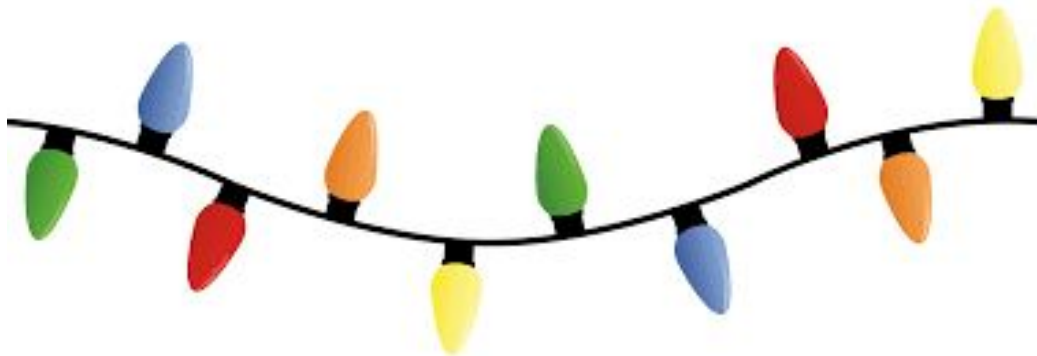
YEARBOOKS NOW ON SALE - The 2017-2018 annuals are now on sale. The price will be \$40 without a name on the cover and \$45 with a name printed on the cover. When ordering, you will need to specify what name you want on the cover. **On sale through December 22.** Extra copies (if available) will be sold for \$50 next fall. If you would like to purchase an annual, please pick up a form in the office and return it, along with payment (checks payable to East Butler), to Ms. Widick at the school.

THE FIVE (5) DAY NSAA NO PRACTICE/NO ACTIVITY MORATORIUM IS SATURDAY, DECEMBER 23 THROUGH WEDNESDAY, DECEMBER 27, 2017.

LITTLE KIDS WRESTLING PRACTICE WILL BE TUESDAY, DECEMBER 5 AT 6:00 P.M. AT THE DWIGHT ELEMENTARY GYM.

HOLY TRINITY SENIORS WILL BE ENTERTAINED WITH CHRISTMAS MUSIC BY THE EAST BUTLER MUSIC DEPARTMENT ON THURSDAY, DECEMBER 21, AT 8:00 A.M. IN THE GYM. Please use the activity entrance on the north side of the building. Coffee and rolls will follow in the Multi-Purpose Room. Everyone is invited to attend as well as family members of the students.

THE BBYC IS SPONSORING A PUSH-UP CHALLENGE POSTER DESIGN CONTEST!! Winners will receive prizes and have their design printed and displayed at the school. You could win \$50. This art contest is open to all Butler County students K-12. Submit your artwork to Mrs. Ebmeier by December 15th.



The end of the first semester is approaching quickly, and students and staff are working hard to finalize end of term assignments. It is important during this busy season that children of all ages get the appropriate amount of sleep at night. It is good practice to have kids unplug at least 30 minutes before bed. Another suggestion is to remove phones from bedrooms at night, to provide undistracted rest.

East Butler's School Counselor's Corner Winter 2017

Mental health awareness is something that all students 1st-11th grade learned this semester. Children should be encouraged to talk about things they are going through, and the feelings that are attached to their activities and situations. When kids feel stress or have a lot to process, they can get overwhelmed. Having regular conversations with them to learn about what they have going on is important for child development. An excellent way to do this is by having family dinners or spending some one-on-one time with your child before bed.

Elementary

I have been teaching lessons to all elementary classes every other week. All lessons support the American School Counselor Association Mindsets and Behaviors standards. My role as a school counselor is to help the academic, college/career, and social/emotional development of every student.

I have enjoyed getting to know your children this semester. I eat lunch with a grade once a week to build relationships with the students. They are fun to be around. I will start forming some small groups after the holiday break. If your child receives an invitation to participate in a small group, know that this is just to work on specific strengths or skills and that these are not therapy sessions. Small groups will focus on either academic, college/career, or social/emotional development.

Secondary

College visits were rescheduled due to our exciting football season. All four high school grades will have visited a college by the end of the semester. Early college exposure is a priority of East Butler Schools.

Seniors and juniors need to be making lists of potential post-secondary options and ensuring they are doing the necessary things to make their plans a reality. Students planning on attending college after graduation need to check-in with me to ensure their college applications are finalized, transcripts have been received, placement scores are understood, and for scholarship opportunities.

It is never too early to start visiting colleges with your students. Job shadowing is another activity that underclassmen should consider to help them start making their future plans.



Please contact me with any questions or if you'd like to discuss your child's progress in school. You are your child's biggest fan!

Lana Robinson
School Counselor
East Butler Public Schools
Lrobinson@ebutler.esu7.org
402-545-2081



East Butler National Honor Society, Student Council, FBLA, and Parents Promoting Tigers Presents:

SANTA CLAUS

**Monday, December 18, 2017
East Butler Public School-Brainard
Multi-Purpose Room**

5:00-5:30 P.M. Christmas Movie

5:30-6:30 P.M. Santa Visits

6:30 P.M. High School Christmas Program

**Hot chocolate will be provided.*



State Football Championship Apparel Order

Name: _____

SHORT SLEEVE T-SHIRT		
Size	Price	Quantity
Youth Small	\$8.00	
Youth Medium	\$8.00	
Youth Large	\$8.00	
Small	\$8.00	
Medium	\$8.00	
Large	\$8.00	
X-Large	\$8.00	
2X-Large	\$10.00	
3X-Large	\$10.00	
4X-Large	\$10.00	
5X-Large	\$10.00	

LONG SLEEVE T-SHIRT		
Size	Price	Quantity
Youth Small	\$14.00	
Youth Medium	\$14.00	
Youth Large	\$14.00	
Small	\$14.00	
Medium	\$14.00	
Large	\$14.00	
X-Large	\$14.00	
2X-Large	\$16.00	
3X-Large	\$16.00	
4X-Large	\$16.00	
5X-Large	\$16.00	

CREWNECK SWEATSHIRT		
Size	Price	Quantity
Youth Medium	\$18.00	
Youth Large	\$18.00	
Small	\$18.00	
Medium	\$18.00	
Large	\$18.00	
X-Large	\$18.00	
2X-Large	\$20.00	
3X-Large	\$20.00	
4X-Large	\$20.00	
5X-Large	\$20.00	

HOODED SWEATSHIRT		
Size	Price	Quantity
Youth Medium	\$23.00	
Youth Large	\$23.00	
Small	\$23.00	
Medium	\$23.00	
Large	\$23.00	
X-Large	\$23.00	
2X-Large	\$25.00	
3X-Large	\$25.00	
4X-Large	\$25.00	
5X-Large	\$25.00	

FITTED HATS		
Size	Price	Quantity
S/M (6 7/8-7 1/4)	\$15.00	
M/L (7 1/8-7 1/2)	\$15.00	
L/XL (7 3/8-7 3/4)	\$15.00	



Estimated Quantity:
Items Priced:
Date Needed by:

Printed by:
East Butler Football Champions
Nov. 2017
Style of Shirt:
Regular
Shirt Color:
Dark Heather



PAYMENT DUE WITH ORDER

Total Items Ordered: _____

Total Amount Paid:

(Please make checks payable to East Butler.)

Return order to Mr. Glasshoff or the office by Wednesday, December 6, by Noon

YEARBOOKS NOW ON SALE

The 2017-2018 annuals are now going on sale. The price will be \$40 without a name on the cover and \$45 with a name printed on the cover. When ordering, you will need to specify what name you want on the cover.

On sale now through December 22

Extra copies (if available) will be sold for \$50 next fall

If you would like to purchase an annual, please fill out the form below and return it, along with payment (checks payable to East Butler), to Ms. Widick at the high school.

.....

Price List

Without name.....\$40

With name\$45

..... CUT HERE..... CUT HERE..... CUT HERE.....

Please print the following information. Make checks payable to East Butler.

Name _____ Date _____

Address _____ Phone _____

Name(s) on annual (if applicable) _____

Number of annuals purchased _____

Total amount due \$ _____

High School YEARS

Working Together for Lifelong Success



Short Clips

Winter work

Over winter break, your child may have assigned reading or projects that are due when school reopens. Encourage her to create a schedule for doing the work and to get started right away. That way, she won't feel rushed and will do a better job.

Mealtime manners

When your teen is invited to a friend's house for dinner, remind him to use good table manners. He should place the napkin in his lap and wait for others to be served before eating. If he doesn't like a particular food, he can refuse it by politely saying, "No, thank you."

Outdoor fun

Cold weather doesn't have to keep your high schooler from getting outside for fresh air and exercise. She might gather friends for a game of Frisbee or kickball. Or she could go running or biking. If it snows, suggest that she help younger siblings build a snowman.

Worth quoting

"Never give up, for that is just the place and time that the tide will turn." *Harriet Beecher Stowe*

Just for fun

Q: What animal never needs a haircut?

A: A bald eagle!



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Time to talk

Fifteen minutes may not seem like much. But research shows spending that amount of time each day talking with your teen can keep your lines of communication open. Try these four ways to make the minutes count.

1. Chat with your teenager when he's relaxed and in a good mood.

Knock on his door before he goes to bed, or greet him when he comes home from an evening out with friends. Start a conversation about your night and his, rather than asking him a lot of questions.

2. Watch for cues that your teen wants to talk. If he has something on his mind—or just feels like talking—he may linger nearby while you cook or offer to go along to the grocery store with you. Encourage him to open up by casually asking how things are going.

3. Do an activity together. Your high schooler may feel more comfortable



discussing his life while you're taking a walk or driving to the mall. Be ready to listen extra closely if he mentions a serious topic like a new relationship or a friend who is in trouble.

4. Reconnect after interruptions. If you have to stop a conversation to take a younger child to soccer practice, for instance, let your teen know you still want to talk. ("I'll be back in 30 minutes. Can we talk more then?") Be sure to follow through when you get home. 🍷

Spark creativity

Creative thinking can help your high schooler succeed in all subjects. Share these ideas to get her imagination flowing:

■ Suggest that she choose a theme (animals, flowers) and snap photos. Then, she could make a digital photo collage, add music and create a movie, or print the photos and arrange them on poster board.

■ Encourage your teen to invent new uses for items. *Example:* She might line an old napkin basket with fabric and use it to store jewelry.

■ Have her sketch pictures while listening to favorite songs. How do her drawings change with different types of music? 🍷



Managing money

High school is a good time to give your teenager real-life lessons in money management. Here's how.

Banking

Lesson: Setting up and monitoring an account

Homework: Have your teen establish her own checking account. Let her look online or talk to a bank officer about account options. Discuss the importance of keeping receipts and matching them against her statement. Help her check her funds to prevent overdrafts and to watch out for suspicious activity.



Credit

Lesson: Using credit responsibly

Homework: Explain that credit is a loan that you pay back with interest, not "free money." To help her build her own credit, consider adding her as an authorized user on your credit card—making sure she pays off any balance in full each month. Don't forget to talk about credit scores and how being irresponsible with money in her teen years could affect her as an adult.

Saving

Lesson: Saving for the long term

Homework: Encourage your high schooler to set financial goals. Then, have her put a percentage of each paycheck or other money she receives into a savings or investment account. She can earn interest, and she'll get in the habit of saving. 🍊

How to survive the holidays



For an already busy family's schedule, the holidays can be especially hectic. Use these tips for keeping things under control now—or at any time of year.

Keep a master plan. Post a calendar in a central area at home, and have everyone update it daily. You'll avoid the hassle of unexpected conflicts, and it will be easier to coordinate rides and combine errands.



Decide what's essential. Ask yourself whether baking homemade cookies for your office party is really necessary. Encourage your teen to consider whether he has to accept every invitation he receives.

Schedule downtime. Include time to do nothing. For example, plan for two free hours on a weekend morning. Your family can use it to sleep in or have a leisurely breakfast. Everyone will feel renewed and ready to handle the rest of the week. 🍊

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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Parent to Parent

Bullying: Advice for bystanders

My daughter Nicky came home upset last week. She had seen another student being called names and treated in a mean way by a classmate several days in a row.

At the school counselor's suggestion, I encouraged Nicky to let an adult know if she sees bullying like this. That way, she won't put herself in harm's way, but she also won't be standing by and doing nothing. I also told Nicky she needs to be willing to tell the truth if administrators investigate.

I got another good piece of advice from my neighbor. She suggested that Nicky try to befriend the person being bullied. For example, she could walk with him to class or sit with him at lunch, since hallways and the cafeteria are places where kids can be vulnerable to bullies.

My daughter and I both feel better knowing there are things she can do to help if she witnesses bullying again. 🍊



Q & A

Reach your potential

Q My teen could do much better at school. How can I get him to work to his potential?

A Try asking your son his opinion.

How does he feel about his performance? If he's bored, maybe he needs more challenging courses. If he says he doesn't care, remind him that being successful in school will help him get the college spot or job he wants.

Then, help your high schooler find ways to enjoy his classes more. Look for movies on subjects he's studying, or suggest a related volunteer opportunity.

Also, talk with your teen's counselor about locating a mentor for him within the school. A teacher he likes, a coach, or his drama club advisor could provide an important connection that will motivate him to work harder. 🍊

